

Friday 25th September 2026

Dear Parents/Carers,

RE: Headlice and Nits

Please be aware that we have already had a few parents/carers inform us of headlice affecting their child. Please see info below from NHS on best treatment.

In school, if we are aware of individuals who have headlice/ nits we will speak directly to the parents/carers to share the concern. **We will expect that action is taken.**

Please be aware that any constant reoccurring headlice, that we feel is not dealt with effectively by parents/carers will become a safeguarding concern.

Information from the NHS

Head lice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head-to-head contact.



Treating Headlice/Nits

- Treat them as soon as possible once they are spotted.
- Check everyone in your household.
- Wet combing can get rid of headlice by using a detection comb.
- Wet combing must be completed on days 1,5,9 and 13 to prevent headlice reoccurring – **YOU CAN NOT JUST COMPLETE ONCE**
- Medicated lotions/sprays can be more effective.
- Use as instructed as some need to be repeated after a week.

Kinson Academy

Michele Lawson, Principal

Matt Britt, Chief Education Officer

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Wet Combing

Lice and nits can be removed by wet combing but does need repeating.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, using the detection comb, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

In terms of keeping children off of school, children should not be kept off school or be asked to stay at home if they have headlice. It must be treated. Please see guidance poster from the UK Health Security Agency on attendance at school.

For full details of how to treat headlice visit <https://www.nhs.uk/conditions/head-lice-and-nits/>

Thank you for your support in this matter.

Kind regards

Michele Lawson
Principal

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