

Hola! - Y5 D&T

Vocabulary

Word	Definition
Research	To find out information about something in an organised way
Design	A plan or drawing to show ideas for making something
Function-ality	How well something serves its purpose
nutrition	The food needed for health and growth
Cooking	The process of preparing food to eat
Reflect	To think deeply or carefully about something
Season-ality	How different foods grow better at different times of year

Previous Knowledge

design purposeful, functional, appealing products for themselves and other users based on design criteria
 select from and use a range of tools and equipment to perform practical tasks
 use the basic principles of a healthy and varied diet to prepare dishes
 understand where food comes from

Key Skills & Concepts

evaluate	adapt	analyse	explore	cook	prepare
explain	weigh	chop	grate	mix	

Health and Safety



Key Facts

- Learning how to cook is an essential life skill – healthy diet.
- Look at soup in the context of healthy diet – nutrients, water, fibre.
- How to prepare and cook food safely.
- Understand where and how ingredients are grown – seasonality and links to shopping local.
- Research and evaluate existing soups and ingredients for their own soup.
- Choose the correct equipment for the task and use correctly including a blender –link to safety.
- Create and follow a recipe.
- Understand a range of cooking techniques and how to use them correctly.
- Language to use when evaluating their own or their peers work.

Spellings: