



PE long term curriculum plan

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec		Gymnastics	Dance	Gymnastics	Ball skills	Running, jumping, throwing	Team games
Year 1	Session 1	Gymnastics	Dance	Gymnastics	Dance	Invasion games	Team games
	Session 2	Throwing & catching a ball	Striking & hitting a ball	Kicking a ball	Travelling with a ball	Attacking & Defending	Athletics
Year 2	Session 1	Gymnastics	Dance	Gymnastics	Bat & Ball	Dance	Cricket
	Session 2	Throwing & catching a ball	Tag rugby	Football	Invasion games	Circuit training	Athletics
Year 3	Session 1	Gymnastics	Dance	Gymnastics	Basketball	Dance	Cricket
	Session 2	Tag rugby + 1 wk of OAA	Netball + 1 wk of OAA	Hockey	Football	Cricket	Athletics + 2 wks of OAA
Year 4	Session 1	Gymnastics	Football	Gymnastics	Netball	Swimming	Dance
	Session 2	Tag rugby + 1 wk of OAA	Dance	Hockey	Cricket	Tennis	Athletics + 2 wks of OAA
Year 5	Session 1	Gymnastics	Dance	Gymnastics	Dance	Basketball	Cricket
	Session 2	Tag rugby + 1 wk of OAA	Netball + 1 wk of OAA	Hockey	Football	Tennis	Athletics + 2 wks of OAA

Year 6	Session 1	Gymnastics	Dance	Gymnastics	Basketball	Tennis	Swimming
	Session 2	Tag rugby + 1 wk of OAA	Netball + 1 wk of OAA	Hockey	Football	Rounders	Athletics + 2 wks of OAA