

Sikhism – Prayer & Worship - RE

Vocabulary

Word	Definition
Commitment	An agreement and a promise to do something in the future
worship	To have lots of respect and expressing feelings for their God and religion
Amrit ceremony	The initiation ritual that was introduced by Guru Gobind when he founded the Khalsa
Khalsa	A group of fully committed Sikhs that have been committed to the religion
Equality	When everyone is seen as equal and have same opportunities and
Rituals	A religious service or ceremony where actions are performed in a set order.

Previous Knowledge

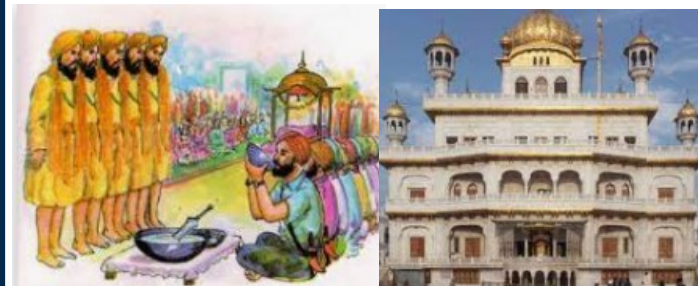
In Year 3 and you:

- explored the terms commitment and how it shows in other religions
- Explored how we should treat others
- Asked questions linked to different religious stories

Key Concepts

Investigation	Analysis	Empathy	Reflection synthesis
Empathy	Evaluation	Expression	

- Commitment is a promise to give your time and energy to something you believe in.
- A commitment doesn't have to be religious. Commitments can be made to family, friendships, a healthy lifestyle, learning a skill or achieving a goal.
- Sikhs worship both in public and in private. Sikhs worship together in the gurdwara. The word gurdwara means 'door to the Guru'.



The 5 Ks

Kesh: Sikhs leave hair uncut to show obedience to God.

Kangha: A wooden comb that helps Sikhs to keep their hair in place.

Kara: A steel bangle that reminds Sikhs to behave well.

Kachera: These are shorts worn as underwear.

Kirpan: A tiny sword worn by Sikhs.

Kanga	Kesh	Kara	Kirpan	Kachera
	This is the uncut hair which symbolises spiritual power		A Sikh sword, a symbol of respect and justice	
A special comb that represents cleanliness		A steel bangle, symbolising unity, of self and a process of constant learning		A special pair of shorts. These are a symbol of modesty

Spellings: symbol, consider, believe, guard, strength, sacrifice, conscious, attached